

3. Variant of standard gradient descent; forward and backward schemes

1. The backward Euler scheme is

$$x^{t+1} = x^t + S^{-1}\nabla f(x^{t+1}).$$

2. The first term f is convex. The second term is strictly convex because S is positive definite (with $\lambda_{\min} > 0$). Thus the sum is strictly convex.

Since f is differentiable we can differentiate the gradient of the quantity in the bracket in order to find the argmin:

$$\nabla f(x) + \eta^{-1}S(x - x^t) = 0$$

which implies the backward Euler scheme:

$$x^{t+1} = x^t - \eta S^{-1}\nabla f(x^{t+1})$$

3. Let $S^{-1} = U^T\Lambda^{-1}U$ with U an orthogonal matrix, and $\Lambda = \text{Diag}(\lambda_1 \cdots \lambda_d)$. With $\bar{x} = \frac{1}{T} \sum_{t=1}^T x^t$, we have

$$\begin{aligned} f(\bar{x}) - f(x^*) &\leq \frac{1}{T} \sum_{t=1}^T (f(x^t) - f(x^*)) \quad \text{convexity} \\ &\leq \frac{1}{T} \sum_{t=1}^T \langle \nabla f(x^t), x^t - x^* \rangle \quad \text{convexity} \\ &= \frac{1}{T} \sum_{t=1}^T \langle U\nabla f(x^t), Ux^t - Ux^* \rangle \\ &= \sum_{k=1}^d \frac{1}{T} \sum_{t=1}^T (U\nabla f)_k(x^t) (U(x^t - x^*))_k \\ &= \sum_{k=1}^d \frac{\lambda_k}{\eta T} \sum_{t=1}^T \left(\frac{\eta}{\lambda_k} \right) (U\nabla f)_k(x^t) (U(x^t - x^*))_k \\ &= \sum_{k=1}^d \frac{\lambda_k}{2\eta T} \sum_{t=1}^T \left\{ - \left((U(x^t - x^*))_k - \frac{\eta}{\lambda_k} (U\nabla f)_k(x^t) \right)^2 + (U(x^t - x^*))_k^2 + \frac{\eta^2}{\lambda_k^2} (U\nabla f)_k(x^t)^2 \right\} \end{aligned}$$

Now, from the backward equation we have:

$$\begin{aligned} x^{t+1} &= x^t - \eta U^T \Lambda^{-1} U \nabla f(x^t) \\ \Rightarrow U x^{t+1} &= U x^t - \eta \Lambda^{-1} U \nabla f(x^t) \\ (U x^{t+1})_k &= (U x^t)_k - \frac{\eta}{\lambda_k} (U \nabla f)_k(x^t) \end{aligned}$$

From which we get

$$\begin{aligned} f(\bar{x}) - f(x^*) &\leq \sum_{k=1}^d \frac{\lambda_k}{2\eta T} \sum_{t=1}^T \left\{ - (U(x^{t+1} - x^*))_k^2 + (U(x^t - x^*))_k^2 + \frac{\eta^2}{\lambda_k^2} (U \nabla f)_k(x^t)^2 \right\} \\ &= \sum_{k=1}^d \frac{\lambda_k}{2\eta T} \left[(U(x^1 - x^*))_k^2 - (U(x^{T+1} - x^*))_k^2 \right] + \sum_{k=1}^d \frac{\lambda_k}{2\eta T} \sum_{t=1}^T \frac{\eta^2}{\lambda_k^2} (U \nabla f)_k(x^t)^2 \\ &\leq \frac{\lambda_{\max}}{2\eta T} \sum_{k=1}^d (U(x^1 - x^*))_k^2 + \frac{\eta}{2T\lambda_{\min}} \sum_{t=1}^T \|U \nabla f\|^2 \\ &= \frac{\lambda_{\max}}{2\eta T} \|U(x^1 - x^*)\|^2 + \frac{\eta}{2\lambda_{\min}} \|\nabla f\|^2 \\ &\leq \frac{\lambda_{\max}}{2\eta T} R^2 + \frac{\eta}{2\lambda_{\min}} \rho^2 \end{aligned}$$

where we used that $x^1 = 0$ and $\|x^*\|^2 \leq R^2$ (by assumption) in the last inequality.

Set

$$\eta^2 = \frac{\lambda_{\max} \lambda_{\min} R^2}{\rho^2 T}$$

Then, we find:

$$\begin{aligned} f(\bar{x}) - f(x^*) &\leq \frac{\lambda_{\max} R^2 \rho \sqrt{T}}{2\sqrt{\lambda_{\max} \lambda_{\min}} RT} + \frac{\sqrt{\lambda_{\max} \lambda_{\min}} R}{\rho \sqrt{T}} \frac{\rho^2}{2\lambda_{\min}} \\ &= \sqrt{\frac{\lambda_{\max}}{\lambda_{\min}}} \frac{\rho R}{2\sqrt{T}} + \sqrt{\frac{\lambda_{\max}}{\lambda_{\min}}} \frac{\rho R}{2\sqrt{T}} \\ &= \sqrt{\frac{\lambda_{\max}}{\lambda_{\min}}} \frac{\rho R}{\sqrt{T}} \end{aligned}$$